

THE PROKIT UK LEAGUE CUP COMPETITION

1. The Competition shall be designated as the ProKit UK Essex Olympian Football League Cup Competition.
2. The Competition shall be conducted on a knock-out basis as determined by the League Management Committee and shall be open to Clubs in membership. The Competition shall be affiliated to the Essex County Football Association.
3. The entrance fee shall be **£60.00** per Club payable on or before the Annual General Meeting of the Competition in each year. Clubs in default shall be fined **£30.00**.
4. The Competition shall be managed by the League Management Committee.
5. **(a)** Players shall be registered members of the Club they represent in accordance with League Rule 8 (B) and shall have played, except in the first, second, and third rounds of the Competition, for such Club in at least FIVE Essex Olympian Football League competitive matches (these shall include the first, second and third round League Cup, League Challenge Cup and League matches, but shall NOT include any County Cup, friendly or representative matches), during the current season. In all ties no player shall have played for more than one Club in any of the current season's League Cup or Denny King Memorial Cup matches. No team may contain more than THREE players who have played TEN or more competitive matches at or above Step 6 in the National League System during the current season. After the last Saturday of March, any of those players must have played in at least 30% of the member clubs' first team and/or reserve team fixtures, constituting League and League Cup fixtures only, excluding County and Charity Cups, during the current season. Any club proved guilty of playing an ineligible player shall be struck out of the competition and/or otherwise dealt with at the discretion of the Management Committee and the match shall be awarded to their opponents. **Note:-** Prior to the first, second and third rounds players may be signed on prior to the match in accordance with League Rule 8 (B)(ii)

(b) A team competing in the Reserve Cup Competition shall NOT include more than FOUR players who have played in the Senior Cup Competition. Any such players shall be debarred if they have played in 10 or more Senior League and/or League Cup matches in the current season (this includes any transferred players who are not cup-tied). All such players shall be deemed ineligible players and subject to the penalties referred to in Cup Rule 5 (a). Players who shall have played in the Reserve or Denny King Memorial Under 21 Cup Competition SHALL be allowed to take part in the Senior Cup Competition. Players who shall have played in the Denny King Memorial Under 21 Cup Competition SHALL be allowed to take part in the Reserve Cup Competition.

(c) Clubs playing in a Cup Finals must submit the names of the players, from whom their team will be selected, to the Hon. Registration Secretary at least SEVEN days before the day of the match. Clubs in default shall be fined £18.00.
6. Referees for all matches and Asst. Referees for the semi-finals (if available) and final shall be appointed by the Management Committee. In matches prior to the

final, neutral Asst. Referees may be appointed, if not each Club shall provide an efficient Asst. Referee, for the whole of the game.

7. The draw shall be made by the Management Committee who will also fix the grounds and dates by which the ties shall be played. In all ties, the duration of play shall be ninety minutes (45 minutes each way), but in the event of the scores being equal at the expiration of ninety minutes, an extra thirty minutes (15 minutes each way) shall be played, subject to the proviso that in the opinion of the Referee light or conditions will not permit full-time to be played he/she may (a) reduce the playing period to forty minutes each way and the extra periods to ten minutes each way, or (b) reduce the extra time to ten minutes each way. If the scores are still equal at the end of extra time, the match shall be decided by a penalty competition in conformance with the current rules of the Football Association.
8. Where a match is postponed due to there being no registered referee available and no referee nominated in accordance with Rule 13 (B) the match shall be re-arranged
9. On the second occasion that a match is postponed due to the home pitch being unfit or otherwise unavailable, the match is to be switched to the opponents ground if they have a pitch that is fit and available. When this occurs the club hosting the match will be responsible for paying the match officials.
10. With the exceptions above stated, the Rules of the ProKit UK Essex Olympian Football League shall, wherever applicable, govern this Competition
11. Each Club shall be deemed to have given its assent to the foregoing Rules and to abide by the decisions of the Management Committee, subject to Rule 15 of the League Rules.

THE PROKIT UK CHALLENGE CUP COMPETITION

1. The Competition shall be designated the ProKit UK Essex Olympian Football League Challenge Cup Competition.
2. The Competition shall be conducted as determined by the League Management Committee.
3. The Competition shall be OPEN to the Premier Division League Champions and Senior Cup Winners (Under 21 Challenge Cup, Under 21 Division One League Champions and Denny King Memorial Under 21 Cup Winners). In the event of one Club winning BOTH the League and Cup Competitions the Premier Division (Under 21 Division One) Runners-up may participate, at the League Management Committee's discretion.
4. Duration of play shall be in accordance with the current rules of the ProKit UK Essex Olympian Football League Cup Competition, with the exception that in the event of the scores still being equal after ninety minutes, there will be no extra

time played and the result will be determined by a penalty competition in conformance with the current rules of the Football Association.

5. With the exceptions above stated the rules of the ProKit UK Essex Olympian Football League Cup Competition shall, wherever applicable, govern this competition.

6.

DENNY KING MEMORIAL UNDER 21 CUP COMPETITION

1. The Competition shall be designated as the Denny King Memorial Under 21 Cup
2. The Competition shall be conducted on a knock-out basis as determined by the League Management Committee and shall be open to Clubs in membership of the Under 21 Divisions of the Competition. The Competition shall be affiliated to the Essex County Football Association.
12. The entrance fee shall be **£60.00** per Club payable on or before the Annual General Meeting of the Competition in each year. Clubs in default shall be fined **£30.00**.
3. The Competition shall be managed by the League Management Committee.
4. **(a)** Players shall be registered members of the Club they represent in accordance with League Rule 8 (B) and shall have played, except in the first, second, and third rounds of the Competition, for such Club in at least FIVE Essex Olympian Football League competitive matches (these shall include the first, second and third round League Cup and League matches, but shall NOT include any County Cup, friendly or representative matches), during the current season. In all ties no player shall have played for more than one Club in any of the current season's League Cup or Denny King Memorial Cup matches. No team may contain more than THREE players who have played TEN or more competitive matches at or above Step 6 in the National League System during the current season. After the last Saturday of March, any of those players must have played in at least 30% of the member clubs' first team and/or reserve team fixtures, constituting League and League Cup fixtures only, excluding County and Charity Cups, during the current season. Any club proved guilty of playing an ineligible player shall be struck out of the competition and/or otherwise dealt with at the discretion of the Management Committee and the match shall be awarded to their opponents.
Note:- Prior to the first, second and third rounds players may be signed on prior to the match in accordance with League Rule 8 (B)(ii)
- (b)** A team competing in the Under 21 Cup Competition shall NOT include more than FOUR players who have played in the Senior or Reserve Cup Competition. Any such players shall be debarred if they have played in 10 or more Senior and/or Reserve League and/or League Cup matches in the current season (this includes any transferred players who are not cup-tied). All such players shall be deemed ineligible players and subject to the penalties referred to in Cup Rule 5 (a).

(c) Clubs playing in the Cup Final must submit the names of the players, from whom their team will be selected, to the Hon. Registration Secretary at least SEVEN days before the day of the match. Clubs in default shall be fined **£18.00**.

5. Referees for all matches and Asst. Referees for the semi-finals (if available) and final shall be appointed by the Management Committee. In matches prior to the final, neutral Asst. Referees may be appointed, if not each Club shall provide an efficient Asst. Referee, for the whole of the game
6. The draw shall be made by the Management Committee who will also fix the grounds and dates by which the ties shall be played. In all ties, the duration of play shall be ninety minutes (45 minutes each way), but in the event of the scores being equal at the expiration of ninety minutes, an extra thirty minutes (15 minutes each way) shall be played, subject to the proviso that in the opinion of the Referee light or conditions will not permit full-time to be played he/she may (a) reduce the playing period to forty minutes each way and the extra periods to ten minutes each way, or (b) reduce the extra time to ten minutes each way. If the scores are still equal at the end of extra time, the match shall be decided by a penalty competition in conformance with the current rules of the Football Association.
7. Where a match is postponed due to there being no registered referee available and no referee nominated in accordance with Rule 13 (B) the match shall re-arranged
9. On the second occasion that a match is postponed due to THE home pitch being unfit or otherwise unavailable, the match is to be switched to the opponents ground if they have a pitch and available. When this occurs the club hosting the match will be responsible for paying the match officials.
10. With the exceptions above stated, the Rules of the ProKit UK Essex Olympian Football League shall, wherever applicable, govern this Competition.
13. Each Club shall be deemed to have given its assent to the foregoing Rules and to abide by the decisions of the Management Committee, subject to Rule 15 of the League Rules.

SPORTSMANSHIP AWARDS

1. The Team Sportsmanship Cup shall be open to both Senior and Reserve teams of member clubs, and will be awarded annually to the Senior or Reserve team showing the best all round sportsmanship on and off the field.
2. A decision as to the winning team shall be based on marks awarded to each team by the referees at each of their matches.
3. The Club Sportsmanship Cup shall be awarded annually to the Club showing the best all round sportsmanship on and off the field.

4. A decision as to the winning club shall be based on marks awarded to each team by the referees at each of their matches.
5. Medals shall not be awarded in any circumstances in connection with either Sportsmanship Cups.

STANDING ORDERS

1. The Headquarters of the League shall be Old Chelmsfordians Football Club, Lawford Lane, Roxwell Road, Chelmsford CM1 2NS. Telephone 01245 420 442
2. The Management Committee shall meet at least every two months during the season and will be advised of any cancellation of meetings.
3. No member in any circumstances shall be allowed to vote at any meeting on any matter relating to the club of which he is a member. In the event of any dispute or protest the members of the clubs concerned shall not be eligible to sit on the Management Committee while such dispute or protest is being considered.
4. All questions shall be determined by a show of hands unless afterwards a formal division be demanded, or, in the opinion of the meeting, it is desirable that the voting on any particular point or subject be conducted by ballot. No resolution shall be rescinded at the meeting of the committee at which it is passed, unless the motion to rescind be carried by a three-fourths majority of the members present and voting.
5. Whenever an amendment is made upon any motion, no second amendment shall be taken into consideration until the first amendment is disposed of. If that amendment be carried it shall then be put as substantive motion upon which a further amendment may be moved to the original motion, but one amendment shall be submitted for discussion at one time.
6. The Management Committee shall have the power to appoint sub-committees when necessary who shall report their findings to the Management Committee at that committee's next meeting.
7. Members of the Management Committee shall attend at least 50% of the meetings held during the season. Committee members that fail to meet this criteria will be liable to expulsion from the Management Committee unless there were special circumstances as to why the non-attendance had taken place